



What can you do with 5 weeks this summer?

This summer, as part of our brain fitness partnership with Dr. Judith Aronson-Ramos, our expert developmental + behavioral pediatrician, we are excited to challenge you, your co-workers and family members to complete the **5-week Cogmed Working Memory Training** program by competing in our very first **Client Clutter Challenge!**

Cogmed, an in-home software based training program, is designed by psychologists, medical researchers and video game developers to improve working memory, which **decreases attention deficits** and increases the odds that you will remember where you last left your keys!

It's fun, but more importantly, it works!

Sign up before the end of August, and your results will be entered to win you, your family or work group 5 hours of space of mind organizing + coaching!

You can learn more about the **Cogmed Working Memory Training** and sign up for the challenge by visiting our **web site**. Or, if you'd like to discuss whether working memory training is right for you, please schedule a free phone consultation now.



simplify your space. maximize your time. organize your mind.™